Research on the animal for the animal for diseases that are original to certain species, e.g., arthritis

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Osteoarthritis

WHO: 9.6% of men and 18% of women over 60 suffer from OA Germany 2006: 7.1 billion euros in health care costs Synovium Cartilage breakdown products NO -PA/Plasmin PGE₂ Latent MMPs → Active → **MMPs** Cartilage Aggrecanases **TIMPs** PA inhibitor Chronic, degenerative and **MMP-13** inflammatory Mechanical forces ? TGF-B Various causes, mostly Type X collagen BMP-2 unknown Apoptosis Cartilage loss Mechanisms not yet fully Osteoclast Osteoblast understood Osteophyte Bone

Therapeutic strategies and approaches

Cartilage loss

- Cartilage protection (hyaluronic acid, green-lipped mussel extract)
- Autologous cartilage cell transplantation
- Matrix-associated cartilage transplantation
- Transplantation or injection of stem cells

Inflammation

- Paracetamol, NSAIDs and Cox-2 inhibitors, opioids
- Disease-modifying osteoarthritis drugs (DMOADs) → monoclonal antibodies and soluble cytokine receptors
- Cartilage loss and inflammation
 - Gene therapy
 - Nanomedicine

→ A complete cure is currently not possible. Further developments are necessary!
Lack of understanding of the underlying mechanisms!

Animal models in orthopedic research

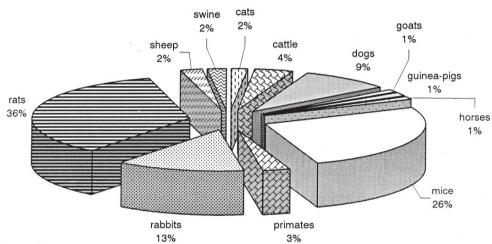


Figure 1. Mammals used for orthopedic research during 1970–2001. Average percentage expressed on the basis of total amount of 21,500 studies of animal species reported in the field of orthopedics.

Martini et al., Comparative medicine 2001; 51: 292-299

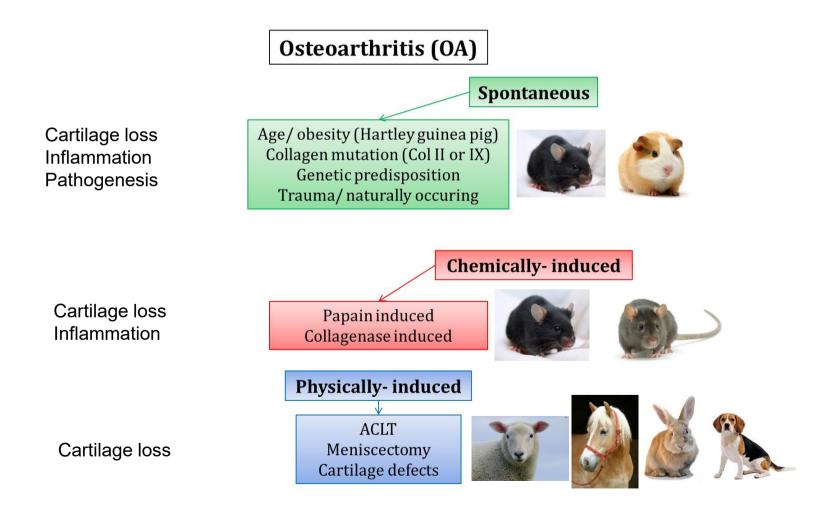
Animal models used in orthopedic research (1970 - 2001)

→ Rats (36%), Mice (26%), Dogs (4%), Sheep (12%)

Animal models in OA-Research

Why?

- → Models are systems for the study and understanding of complex interrelationships of human diseases
- → For the study of processes in a physiologically working organism



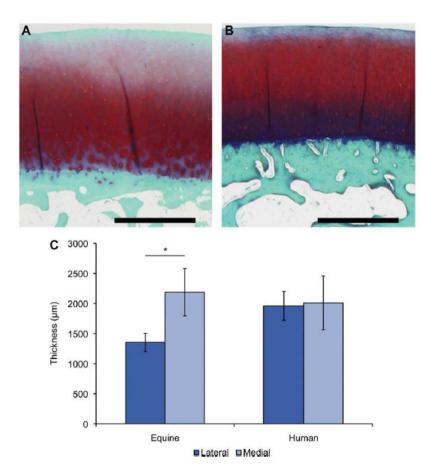
Cartilage thickness in different species

TABLE 1. MEAN CARTILAGE THICKNESS

Species	Murine	Lapine	Canine	Porcine	Caprine	Equine	Human
MFC cartilage thickness (mm)	0.1	0.3	0.95	1.5	1.1	1.75	2.35

This table shows the mean cartilage thickness on the medial femoral condyle (MFC) from Frisble et al.66 Values are reported in millimeters.

Frisbie et al. 2006 Vet Comp Orthop Traumatol.; 19 (3)



Watari et al. 2011 Experimental and Therapeutic Medicine6

→ Size matters!

Malda et al. 2012 Osteoarthritis & Cartilage; 20

Animal numbers per study

Systematic Review: $1990 - 2007 \rightarrow 113$ studies

Table I Overview of literature with reference to study cohort size, defect volume (mm³) and cartilage thickness (mm). Cartilage thickness of the medial femoral condyle from Frisbie et al. 12. Defect volumes were calculated for cylindrical shaped defects using $V = T^2 \ln r$, for cube shaped defects using $V = T^2 \ln r$ (r = radius, h = depth, l = length and w = width of the cartilage defect)

Species	Medial femoral condyle cartilage thickness (mm)	Studies performed		Animal number utilized	Total volume (mm³)	Cartilage volume (mm ³)	Subchondral volume (mm³)
Murine	0.1	5	Mean SD Mode	30 15.88 30	2.17 2.85 5.3	0.12 0.06 0.18	2.05 2.81 0
Laprine	0.3	39	Mean SD Mode	18.86 11.57 16	53 54.64 21.21	7.15 13.35 2.12	45.86 52.78 19.09
Ovine	0.45	13	Mean SD Mode	23.69 15.74 20	359.54 683.35 n/a	18.03 19.97 12.5	341.51 663.79 0
Canine	0.95	16	Mean SD Mode	34.82 46.85 8	82.39 197.94 11.94	18.43 17.4 11.94	63.86 181.9 0
Porcine	1.5	10	Mean SD Mode	9.56 2.35 10	107.43 87.87 183.22	43.76 24.05 34.35	63.67 78.9 0
Caprine	1.1	13	Mean SD Mode	30.55 20.39 50	251.65 448.46 31.1	45.71 35.1 17.49	63.67 78.9 0
Equine	1.75	17	Mean SD Mode	9 2.03 8	334.73 237.87 137.44	192.67 94.21 137.44	142.06 213.08 0
Human	2.35	n/a	Mean	n/a	552.25	552.25	0

Ahern et al. 2009 Osteoarthritis & Cartilage; 17

 \rightarrow The larger the animal, the fewer animals are needed!

The horse as a patient

- 33.7% of all horses treated in Germany suffer from a musculoskeletal disease
- The most common cause of retirement in equestrian sports is lameness
- Racehorses are particularly susceptible to knee problems and lameness (25%), which leads to high economic losses in the horse industry.
- 60% of lameness is caused by arthritic joint changes

"Comparative medicine" vs. "ONE HEALTH" → no paradigm differences between human and veterinary medicine and both disciplines can help the other to develop further (Zinsstag et al. 2011 Prev Vet Med.)

"...we should always remember that animals are also stakeholders and not just research tools."

(Poole et al. 2010 Osteoarthritis & Cartilage; 18)



Clinics in Horses

Lameness diagnostics







Arthroscopy



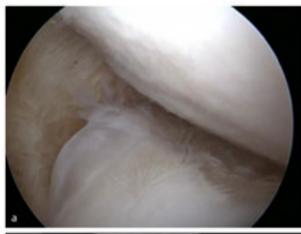
MRI

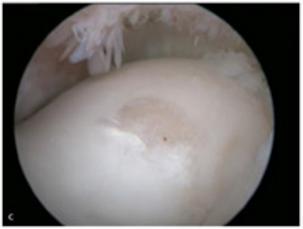








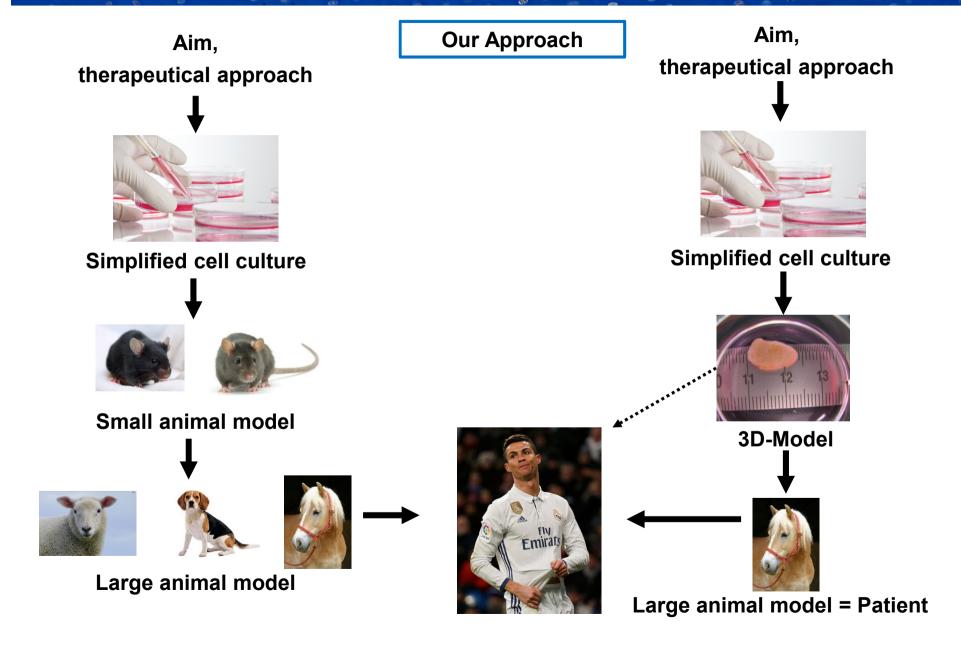




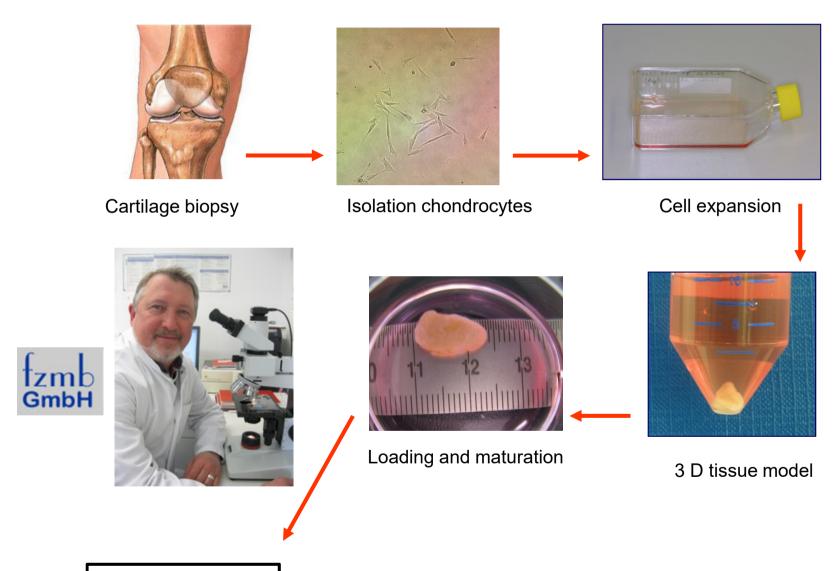
Barnewitz et al. 2006 Biomaterials; 27

McIlwraith et al. 2010 Osteoarthritis & Cartilage; 18

Approach in OA-Research

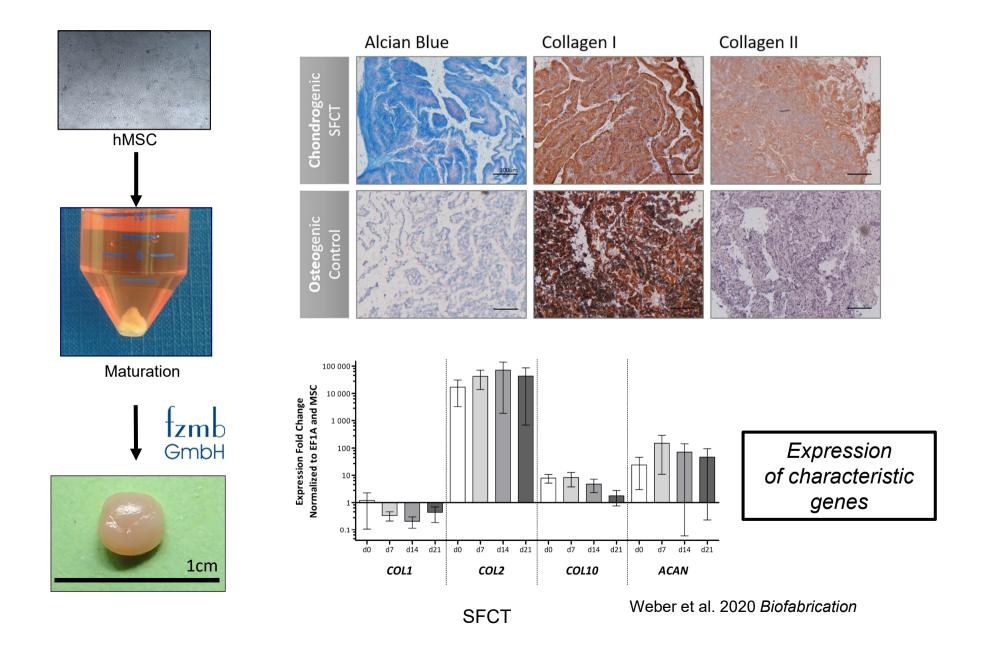


Development of an equine OA model

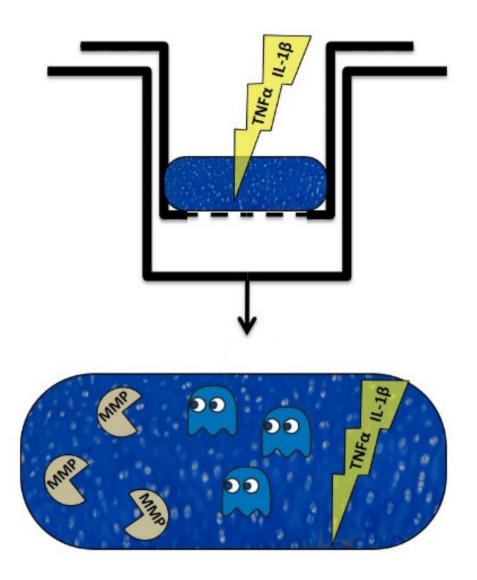


in vitro OA model

Characterization of the cartilage model

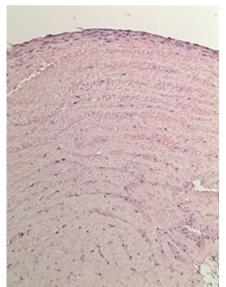


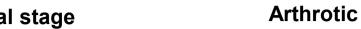
Development of an equine OA model

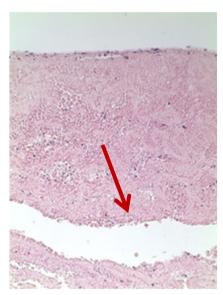


In vitro OA Model – What is it like?

Initial stage

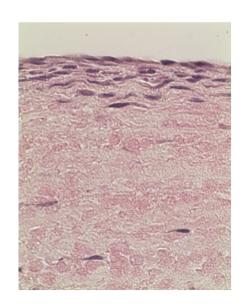




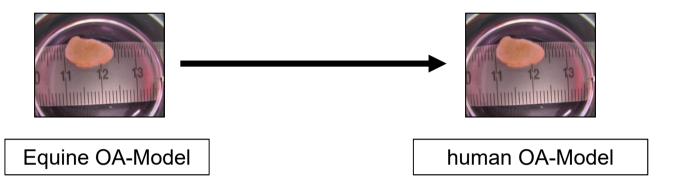


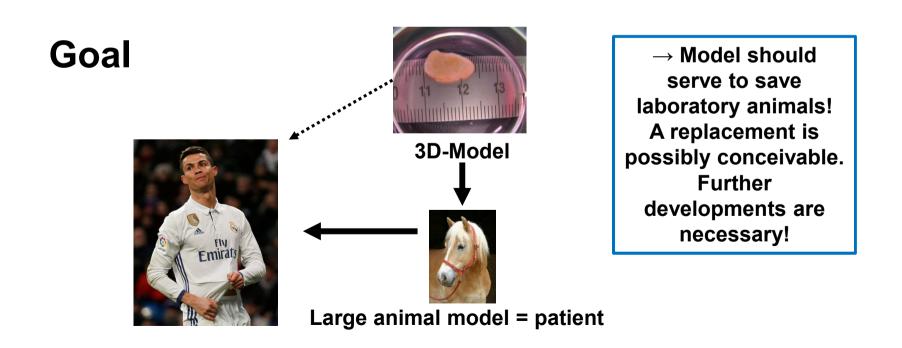
Recovered



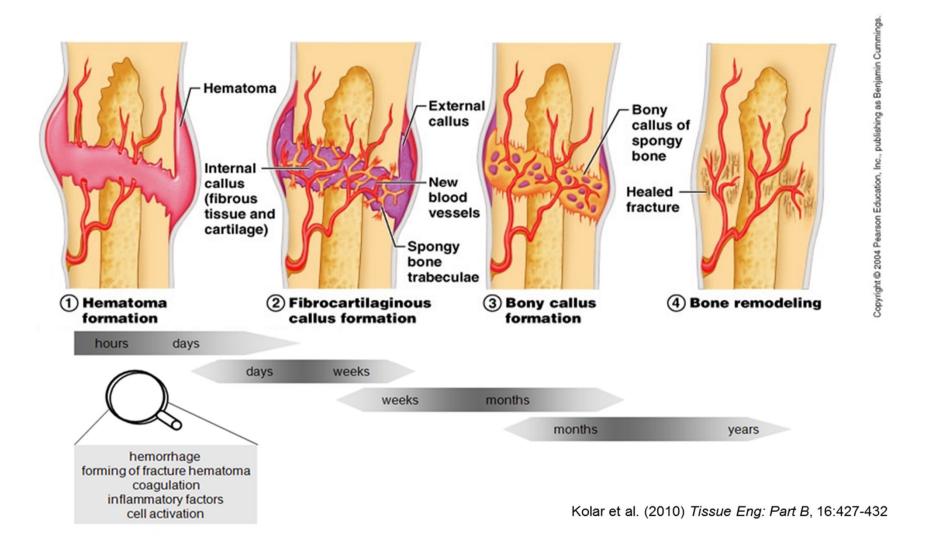


Outlook

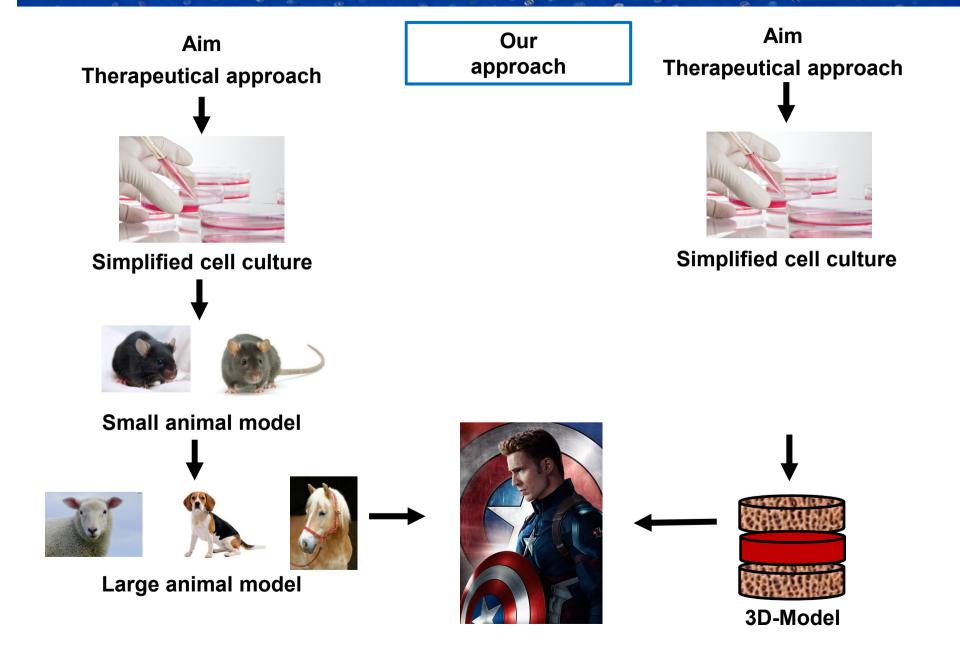




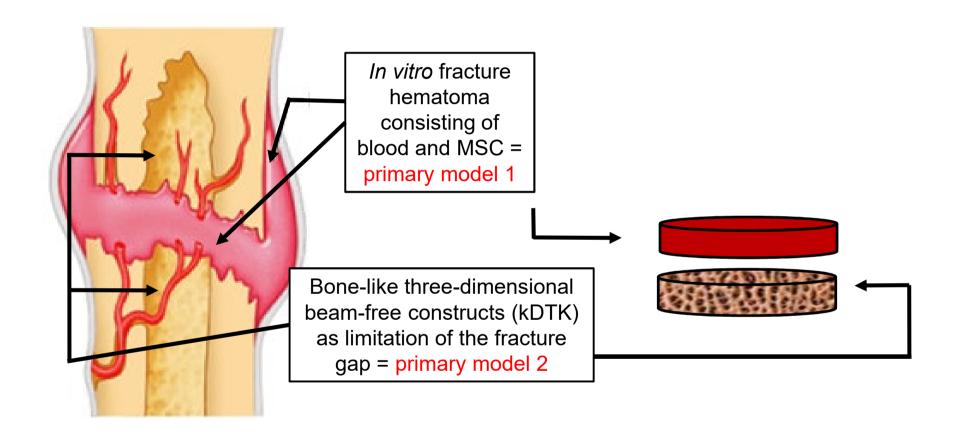
Fracture healing



Approach in fracture research



In vitro model fracture healing



Goal: To close the alternative method gap in the field of fracture research by providing a preclinical, adequate in vitro model → REDUCE, (Replace)

Fracture hematoma models in vitro

Cellular Composition

In vitro FH Ex vivo FH **Cell Type** human (< 72 h) (48 h HOX) 3.1% 1.9% T helper cells (1.4-(1.1-6%)15.4%) 1.9% 1.3% (0.2-Cytotoxic T cella (0.9-2.5%)12.6%) 4.9% 0.6% (0.1-Monocytes (0.3-1.7%)38.5%) 23.4% **MSCs** n.a. (16.6-24.5%)64.2% 16.1% **Granulocytes** (0.8-94%)(5.6-24.7%)

RNA-Expression after 48 h

Gene symbol	<i>Ex vivo</i> FH (< 72 h)	<i>In vitro</i> FH human (48 h HOX)
RUNX2	^**	↑
SPP1	↑ *	^***
VEGFA	^ *	^***
IL8	^***	^ **
IL6	^***	↑
CXCR4	^**	^ *
LDHA	^***	^ **
PGK1	↑	\uparrow

Matching characteristics of fracture hematoma model and *ex vivo* experiments with human patients fracture hematomas

Abstract: Learning from animal experiments to develop alternative methods



- Small animal models in particular are used in orthopedic research
- Transferability to humans is not always given
- New approaches and ways of thinking must find their way into biomedicine
- The horse plays an important role as a patient and is a very good model for humans
- The provision of adequate in vitro models opens up new possibilities and helps to spare animals

"...we should always remember that animals are also stakeholders and not just research tools."

(Poole et al. 2010 Osteoarthritis & Cartilage; 18)

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Thank you for your attention













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