

JEN@ALLGEMEINMEDIZIN

NEWSLETTER Nr. 3/2010

November 2010



Dear Colleagues,
Dear Readers,

Many eventful days and hours lie behind us. As always, the end of the year is a time to pause and reflect.

In this last edition of 2010 you will be able to read about our developmental psychology research on 'Attachment in Primary Care' and about our Borreliosis Research Project. We would also like to inform you about the first meeting of members of staff of different General Practices in Thuringia.

Our aim for 2011 is to work further on the implementation of our mission statement: 'We see ourselves as a bridge between medical science and General Practice for the best patient care.'

In 2011 we will hold the 'Thuringian day of General Practice' for the first time.

Colleagues will be able to meet on this 'Bridge of Knowledge' as on our logo on the right hand side, which you will see more often from now on.

We would like to thank you for your commitment and suggestions and would like to wish you a Merry Xmas and a good start in 2011.

With kind regards,
Prof Dr Jochen Gensichen

Attachment and multimorbidity in older patients in a General Practice setting

In 2011 we will begin an observational, longitudinal study, mainly about the correlation between developmentally determined attachment styles, coping strategies with ill health and concordance in older patients with multimorbidity in a general practice setting. The attachment theory has the potential to explain individual differences in illness specific attitudes and behaviours from a developmental research perspective. 200 Patients aged 60 to 85 years from 15 different GP surgeries in Thuringia, suffering from at least three chronic illnesses, will be questioned at the beginning and after 12 months. The main variable is concordance in medication use but also coping strategies with ill health, preferences in decisions about treatment, depression, quality of life and the number of doctor-patient contacts.

The results of this developmental psychology research will find their way into a General Practice setting for the first time. Perhaps we will contribute to a more comprehensive understanding of our patients. We would be very interested in your participation.

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Borreliosis Research Project

Dr Michael Freitag presented first results of our Borreliosis Project, analysing medical care for patients with borreliosis and after a tickbite respectively, at the 12th International Borreliosis Conference in Ljubljana/Slovenia. Together with his colleagues from the Frankfurt Hospital 'Nordwest' he was able to show that there is an unexpectedly great diagnostic effort in outpatient settings.

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First meeting of General Practice members of staff at the Institute

32 members of staff from different General Practices met for a friendly exchange of ideas on 3rd November 2010 at the Institute. The main topic was 'The practical implementation of patient services in the interaction with other providers'. In small groups we discussed the different domains: Hospital, Pharmacy, Medical Specialities, Social Services and other public institutions, such as Health Insurances and the problems occurring at these interfaces.

We identified communication problems as well as inadequate knowledge of practice contexts as the main issues. We plan to continue with regular meetings as well as the development of practical tools to help with implementation. If you are interested, please contact:

*Please contact Ms Ingrid Gerlach
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Thuringian Day of General Practice - 21.05.2011

Our Institute will hold the first 'Thuringian Day of General Practice' on Saturday, 21st of May 2011 in Jena. We will present up to date knowledge for you, the General Practitioners of Thuringia. You can meet colleagues in specialist workshops and seminars, free from pharmaceutical industry sponsorship. More detailed program information will be published on our homepage in the beginning of 2011. We would like to invite all Thuringian GPs and their Practice teams.

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