



JEN@ALLGEMEINMEDIZIN

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Dear Colleagues, dear Health Care Assistants and dear Readers, The attachment theory in developmental psychology can be used as an explanation for primary care questions, particularly in relation to the origin and maintaining of disease as well as the doctor-patient relationship. The aim of the observational study "apricare" is to find practical information to assist the patient in dealing with their illness. The "health services research" examines the "last mile" of the health system, i.e. it does not work in highly restricted artificial study conditions. Rather, it is characterized by a particular proximity to the clinically practical patient care. Among others, it enquires about; the benefits of new diagnostic and therapeutic methods, the correct use of new and old drugs in clinical practice, the use of medical aids in real practice and not least, unfair disparities in care. Following our mission statement to offer a "bridge between medical science and primary care for the best possible patient care," we are now also working in health services research for Thuringia.

Yours,
Prof. Dr. Jochen Gensichen

Second Thuringian Day of General Practice

The second Thuringian Day of General Practice takes place on Saturday 17 November 2012 in Jena. Information is available from early 2012 on our homepage. [Thüringer TAG der Allgemeinmedizin](#)

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Attachment and self-management abilities of patients with multimorbidity in primary care

A longitudinal study to examine the relationship between attachment and self-management skills will start in November 2011 at the Institute. Attachment theory offers the potential to explain inter-individual differences in the ability to self-care depending on personal factors from a developmental perspective. 200 patients aged between 50-75 years, with three defined chronic diseases from several General Practices in our network, are examined at recruitment and then 12 months later. Self-description instruments and attachment interviews are hereby used for attachment classification. The primary endpoint is the ability to self-management, secondary endpoints are; medication compliance, utilization of the medical care system, quality of life and health status. The severity of illness, age and depression - in particular - are considered as covariates. In a second step, the influence of the doctor-patient relationship in terms of the relationship between attachment and self-management of patients is analyzed. The expected results provide an important basis for assessing self-management skills in the presence of multiple chronic diseases in relation to different types of patients. Contact person is Dipl.-Psych. K. Brenk-Franz katja.brenk-franz@med.uni-jena.de

apricare

Adult Attachment in Primary Care

Health Services Research

As of 1st October 2011 our team was reinforced by Dr. Antje Freytag. She will help to build up and expand our health care research, particularly on the basis of routine data from health insurances. Routine data offer the advantage of being able to derive cross-sectional and

longitudinal information on health care for a large number of patients involving all areas of service. Everyday conditions of health care in primary care and in hospital are taken into account. Our aim is the establishment of viable data and analysis of structures that can be flexibly used for research into a variety of general practice as well as cross-sectoral issues; for instance out-patient care before and after hospital stays. If you are interested in an exchange of ideas in this regard please contact us. Contact person is Dr. Antje Freytag antje.freytag@med.uni-jena.de

GP Training

Special Seminars for GP Trainees are held on Wednesday afternoons every two weeks at the Institute. Six times a year there are half-day events, organised and held by staff from the institute, interested colleagues from primary care practices in Thuringia, as well as colleagues from participating institutions. For more information, visit our homepage or the website 'hausartwerden-in-thueringen.de'.

Contact person is Dr. Katja Stengler Katja.stengler@med.uni-jena.de

Colloquia - open to everyone interested

Our Wednesday multidisciplinary research meetings at the Institute are open to interested colleagues and students at FSU. Would you like to present something?

Contact person is Dr. Michael Freitag michael.freytag@med.uni-jena.de

New partner for practice personnel

In October 2011 graduated nursing manager Mrs. Mercedes Schelle, joined us as a new employee at the Institute. She will be the contact person for medical / health care assistants for Thuringian general practitioners.

Contact person is Mercedes Schelle Mercedes.schelle@med.uni-jena.de