



# JEN@ALLGEMEINMEDIZIN



Dear Colleagues,  
Dear Friends of our Institute

Our research activity regarding mental diseases of patients in primary care continues to increase. Depression, anxiety, and posttraumatic stress have become important topics which we analyse in the institute and for which we develop recommendations.

The new professorship for health services research currently announced will build on that (deadline: June 10, 2013). As we do not expect internal candidates, we are interested in talented colleagues who bring ideas and wish to deal with health care for older patients.

Five years of experience in research and education were the foundation for Friedrich Schiller University to establish the specialty of general practice with this additional professorship.

Please enjoy the current report from Jena.

Sincerely,  
Prof. Dr. Jochen Gensichen

## Cost-effectiveness of primary care for depression

The PRoMPT study in 72 GP practices and 526 patients showed that case management may help depressed patients. However, is that cost-effective? Our current analysis confirms: A year of case management administered by GP practices reduced indirect cost (i.e. less days off work) while direct cost (e.g. medication, hospital stays) remained stable (Brit J Psych, April 11, 2013). Therefore, it is interesting for health insurances to support this offer in GP practices.

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## QISA indicators Depression

At the beginning of the year, a working group of the institute published QISA edition C6: "Quality indicators for health care of patients with depression". On the basis of comprehensive research and discussion with primary and secondary care physicians, we were able to define eleven indicators. With these, we believe that primary care for patients with depression can be described well.

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## Psychotraumatology

At the 15th annual congress of the German Association of Psychotraumatology (March 7-8, 2013 in Freiburg), colleagues of the institute were participating. Results of Ms Brenk-Franz on the association of the general practitioner on the ability for self-help depending on attachment type were presented and Dr. Schmidt spoke about the often traumatizing result of a stay in the intensive care unit.

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## Status Meeting of the SMOOTH study

On January 24, the first status meeting of the SMOOTH study ("turn sepsis into life!") took place. Prof. Schelling (Munich), Prof. Brunkhorst (Jena), PD Dr. Engel (Leipzig) and PD Dr. Heintze (Berlin) discussed current questions regarding the SMOOTH intervention with the team from Jena. Among other aspects, junior members presented their research projects: Ms Mehlhorn (post intensive care syndrome), Ms Bänfer (Patient perspective after sepsis), Ms Schilling (GP perspective of sepsis care) and Dr. Kausche (neuropathic complaints after sepsis).

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## Perspectives of multimorbidity

An interim result of our research regarding multimorbidity was discussed on

April 25, 2013. Is the concept of multimorbidity useful for practical primary care? We think so, if we don't just count the number of diagnoses, but also take the relevance for the patient into account. With the studies MultiCare (Characteristics of multimorbidity) Apricare (Attachment and Self-Management), SMOOTH (turn sepsis into life!) or E-Konsil (cooperation via telemedicine), we developed a good background for further research work in this area.

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## ...and the translation to standard care?

We communicate our research results in scientific publications, and in graduate, postgraduate and continuous medical education. In addition, via direct consultation of health insurances (e.g. the federal association of AOK; the largest of Germany's statutory health insurance funds), of physician networks (e.g. Gesundes Kinzigtal) or in guideline committees, we try to accomplish that our knowledge (e.g. regarding care for depression) finds a sustainable way to standard health care.

## Thüringer Tag der Allgemeinmedizin 2013

### Thuringian Day of Primary Care

We would like to invite you to the 3rd Thuringian Day of Primary Care on Saturday, November 16, 2013 in order to learn, discuss and celebrate. The preliminary program and the registration is available at: [www.allgemeinmedizin.uni-jena.de](http://www.allgemeinmedizin.uni-jena.de)

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Thüringer TAG der  
ALLGEMEINMEDIZIN  
16. NOV. 13



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# JEN@ALLGEMEINMEDIZIN

„Team Praxis“ - MFAktiv  
(section for health care assistants)

Structured postgraduate education in primary care  
(residency) and MBA Health Care Management

Dear health care assistants,

The joint meetings for teaching GPs and health care assistant seminars seems to prove successful in terms of higher participation rates for our HCA seminars. You'll be able to come as a team and get into conversation with each other.

We are looking forward to our next seminar on Sept 4, 2013 with the topic "Patient education for disease management programs – from subject matter to the patient": In addition to contractual aspects we will simulate real life situations from daily practice, communicate and find solutions for difficult situations.

The HCA topics for the Thuringian Day of Primary Care are now fixed: With contents such as management of patient visits, quality management, appointment management, geriatric assessment, diagnostic tools or resuscitation we will be able to offer you a diverse program and invite you cordially.

Sincerely,  
Mercedes Schelle  
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## Current job postings

### W2-Professorship in Health Service Research (initially scheduled for 5 years)

The successful candidate will represent the field in both research and teaching. The candidate should have expertise in health services research of chronic (multiple) diseases. It is expected that he/she integrates his/her research interests into the faculty. A particular emphasis lies on „aging and age-associated diseases“. The appointment is tied to managing the field of health services research in the Institute of General Practice.

Requirements include postdoctoral thesis (Habilitation) or equivalent scientific certification. In addition, teaching skills and the willingness to develop and advance the medical and dental education at Jena University Hospital are requested. The candidate should have an outstanding track record in publications and extramurally funded research.

Friedrich Schiller University Jena is an equal opportunity employer committed to the advancement of individuals without regard to ethnicity, religion, sex, age, disability or any other protected status.

Please note the guidelines for the application documents which can be found on <http://www.uniklinikum-jena.de/Berufungen.html>. Your application is received by the Dean of the Medical Faculty of the Friedrich Schiller University, Prof. Dr. K. Benndorf, Bachstr. 18, 07743 Jena until June 10, 2013.

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The future leaders for the field are searched. Upon employment you will receive a contract toward the specialization in general practice (five years). You will be able to individually choose and schedule your clinical rotations. In addition, you will be able to complete the MBA program in health care management. Thereby, you will graduate with an exclusive double qualification.

We offer: The complete postgraduate education toward the "seamless" specialization in general practice: hospital and ambulatory care, the latter can be spent in cooperating GP practices. The part-time MBA degree in health care management, collaboration in the institute (six months plus one day/week during the entire program), support for planning your individual career (e.g. doctoral thesis, habilitation, scholarships, international rotations).

A report in the journal of the German Medical Association of December 12, 2012 presents further details of the program under the title "Heal, lead, shape".

## Teaching and learning - information not only for students

### Practical work placement in general practice

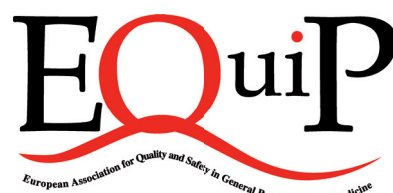
Currently 263 students of the 8th semester are completing the practical work placement in 128 teaching GP practices. During the 8-day period, students are experiencing ambulatory medicine, especially the general practice setting, deepen their skills and proficiency and can treat patients under the supervision of their teaching physicians.

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### Seminars for physicians in training

**June 19:** Resuscitation training, **July 17:** Sports medicine, **Sept 4:** Physician Meeting Teaching in General Practice, **Oct 9:** Diabetes Therapy in general practice, **Dec 11:** Common infections.

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EquiP Summer School: July 19-22 in Berlin

„Book remnant places!“

<http://www.allgemeinmedizin.uni-jena.de>



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