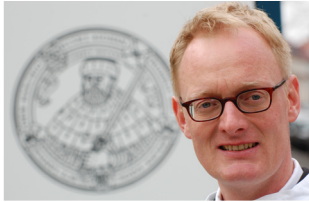




JEN@ALLGEMEINMEDIZIN



Dear Colleagues,
Dear Friends of our Institute

In the fifth year after its establishment, we, 25 engaged and competent staff members, look back on 17 meetings of general practitioner (GP) teachers with about 35 GP teachers per meeting, 15 pioneering research projects for general practice and not least 16 young and wild physicians in training. Has general practice arrived at Friedrich Schiller University and at Jena University Hospital? The dean of our medical faculty, Professor Klaus Benndorf: "With a whole bunch of externally funded projects in health services research and its great engagement for the conceptualization of the 'ambulant track' for the reform of our curriculum, the Institute of General Practice is an important partner within our faculty". The physician-in-chief of Jena University Hospital, Professor Klaus Höffken, explains: "The patients in Thuringia benefit of the proximity between the general practitioners and our Institute of General Practice. This promotes the exchange between physicians in practice and physicians doing research." In Nov 16, 2013, the third 'Thuringian Day of General Practice' will be taking place. Once again, 'colleagues meet colleagues' and beyond joint medical education there is opportunity to discuss your view of the institute.

I hope you enjoy the reading and wish you a merry Christmas season

Yours,
Professor Jochen Gensichen

German Research Award General Practice

The 'Dr. Lothar Beyer-Preis' of the year

2013 has been awarded to both the research group of Dr. Tobias Freund (Heidelberg) for the project 'Development and Evaluation of a programme for intensified primary care for multimorbid patients - PraCMan' in which Professor Jochen Gensichen works on mental disorders – and the research group of Professor Jean-Francois Chenot (Greifswald) for the project 'Oral Anticoagulation in general practice'. We cordially congratulate.

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Patient Activation (PAM13-D)

Active patients get along better with their disease compared to inactive ones. That is daily experience. But how can it be captured? With PAM13-D there exists a German version of a simple instrument with 13 questions which assess the level of activation of patients. Additional help is provided in the accompanying manual (PLoS One 2013).

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Over-the-counter-medication for pain

Pain medication is particularly risky in older patients with multiple diseases. How high is the use of prescription- and over-the-counter pain medication and which risks occur? In the MultiCare Study we were able to show that over one third of patients took pain medication regularly or as needed. Even though the use of OTC pain medication was not low, the proportion of parallel medication, overdoses or interactions due to OTC use was relatively small.

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After intensive care

More and more patients are treated in intensive care units (ICU). Mental and physical sequelae often do not appear until the patient sees the general practitioner. How could these consequences be alleviated? Our systematic review shows that posttraumatic stress can be

treated well with 'therapeutic ICU diaries' (CritCareMed in press).

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Therapy of Lyme Borreliosis

For antibiotic treatment of Lyme borreliosis, several guidelines and recommendations exist. Secondary data of a statutory health insurance (DAK) proved this heterogeneity and suggest uncertainty among general practitioners.

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New: General Practice Case Conference

Every Wednesday at 8.30 a.m. physicians in training and medical students (this is new!) gather for the case conference and discuss the primary care 'case of the week' with more experienced colleagues. Interested colleagues are cordially invited.

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MBA Health Care Management

Good health care needs the primary care perspective in patient care, research and teaching, but also in economics and policy. To support representatives for ambulant aspects, we offer together with Ernst-Abbe-University of Applied Sciences in Jena a 'Master of Business Administration Health Care Management'. In the third semester we teach quality, payment, data, integration and cooperation in ambulatory care with a special focus on aspects of general practice.

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Visit of school pupils at the Institute

The SKATinG programme for occupational orientation at secondary schools led pupils of 11th grade of the Lyonel-Feininger-secondary school at Buttelstedt-Mellingen to us, in order to be informed about primary care and medical training. Let's see whom we will meet again later as a colleague.

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