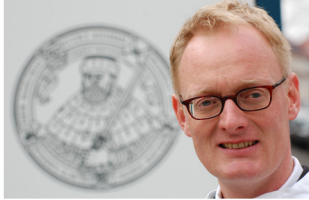




JEN@ALLGEMEINMEDIZIN



Dear Colleagues,
Dear Friends of our Institute

The department gets more international. We receive visits from the Netherlands, United Kingdom, Spain and USA. The young trainees get around in Europe and build up their own network such as the Vasco da Gama Movement (VdGM). We benefit from this as innovative ideas taken home can be - „work in progress“ - developed further together. The Residency Program in General Practice is in its fifth year. After initial hurdles we are pleased to see the first colleagues finishing successfully this visionary training program. In addition, we have surveyed our medical students about their perspectives and learned that it is predominantly good working conditions which convinces them to become a GP. That leads us to the question, how we look after ourselves, particularly if we ourselves fall ill. In the coming summer, we would like to ask you about this topic. Furthermore, we use health insurances' data to better understand our work in primary care, e.g. the prescribing of antidepressants and GP-centered health care. I wish you a pleasant reading and all the best for 2014.

Yours,
Professor Jochen Gensichen

Hippokrates Prize 2013

Ms Solveig Carmienke, MD was the winner of the Hippokrates Prize 2013 of the VdGM, the working group for new and future GP, given for her report of a Hippokrates Exchange (HP). The report is published as „Family Medicine in Denmark - A Hippokrates Exchange Report“

(Z Allg Med 2014). In the context of our residency program in General Practice, she spent her HP exchange in Aarhus, Denmark. We already received HP visiting doctors from UK. If you are interested to go abroad as a visiting doctor or to receive a young foreign colleague as host practice, please write to solveig.carmienke@med.uni-jena.de.

solveig.carmienke@med.uni-jena.de

If doctors fall ill

What happens, if doctors are affected by disease themselves? If they fall ill, their self-conception and behavior change - the doctor becomes a patient. Colleagues treating colleagues are facing special challenges, too particularly, if this happens „at the drop of a hat“. Do we have, do we need our own family doctor? In spring 2014, our department will perform a survey of doctors' approaches to their own illnesses or diseases of close family members in cooperation with Gera University of Applied Health Sciences. We hope for your participation, as we could all treat our patients better if we are healthier.

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The student's perspective

In 2009 and 2012, we asked 5th year medical students in Jena about their job perspectives. In 2009, 20,7% could imagine to start GP training, In 2012, this proportion increased to 24,7%. The expectation of a „high satisfaction by work“ and „working in a team“ fostered this career aspiration.

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Comparison groups for HzV

We studied the costs and coordination of medical treatment in the setting of the „family doctor centered health care program (HZV)“ in patients which are insured by AOK, a major German health insurance company. How can one identify

an adequate „comparison group“ of non-participants? Propensity Score Matching is a logistic regression method with a set of patient characteristics as independent variables. Non-participants are identified, which have the same probability to subscribe (Propensity Score) as the participants. On this basis, both groups can be compared and the effects of the HZV can be demonstrated.

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Measurement of anxiety

The prevalence of anxiety is around 7% in general practice. How can we measure improvement or worsening of panic disorder? The German version of „OASIS“ with five items now offers us a practical survey for our daily work.

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Pharmacotherapy of Depression

Psychopharmacotherapy of depression is a complex medical task. Based on AOK data from 2008-2010 (30% of the German population), we studied e.g. the duration of medical prescription: 22% of patients reach a duration of prescription of at least 24 weeks. Differences are shown between specialists (27,5%) and GP (16,8%), pointing to differences in severity grades in depression of their patients. Most commonly, SSRIs (51,4%) are used, compared to TCA 20,4% and others (24,2%). (refer to: Versorgungs-Report 2013/2014).

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Think-thank „WIP“

For one year, we have our monthly seminar „Work in Progress“ (WIP) for new project ideas, for the planning of studies and for the discussion of results, ongoing studies and publications. All our projects currently run through this process and we hope, this will enhance innovation and quality within the department.

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News for students

„Heilen, Führen, Gestalten“ - 5 years of Structured Training Program in General Practice at Jena University Hospital

We could develop and implement an innovative concept for GP trainees at Jena University Hospital. Individual-adopted rotation planning and mentoring by an experienced GP ensures an excellent clinical training – „to cure“. Additional educational training and mentoring enhance leadership skills – „to lead“. The independent development of research projects links research and clinical practices and enhance responsibility „to create“ in health service system. After some turnover in the beginning, we are very grateful that the first candidates will successfully complete this program later this year. michael.freitag@med.uni-jena.de

Elective courses

The elective „Diagnostics and therapy in general practice“ this winter term offered eleven students interesting insights into the work in a GP setting. Since January, interested students may participate in our new elective „Case Conference in General Practice“. Each Wednesday from 8.30-9.15 a.m. current clinical cases are discussed with experienced colleagues in the context of GP setting. sven.schulz@med.uni-jena.de

DEGAM Summer school

Coming summer, the 4th DEGAM Summer School will be performed in Munster. If you are interested, further applications are possible and we will support you in this process. michael.freitag@med.uni-jena.de

Educational program appointments

12.03.2014	Seminar „Orthopedics in general practice“ for GP trainees
09.04.-02.07.2014	Lecture „Aspects of general practice“ for students of 10th semester
09.04.2014	Seminar „Pregnancy in general practice“ for GP trainees
07.05.2014	19th Doctors meeting „Teaching doctors in general practice“ for teaching doctors in general practice and GP trainees
19.05.-11.07.2014	GP clerkship for students of 8th semester
11.06.2014	Seminar „Dementia“ for GP trainees
09.07.2014	Seminar „Patients with psychosomatic disorders“ for GP trainees
03.09.2014	20th Doctors meeting „Teaching doctors in general practice“ for teaching doctors in general practice and GP trainees
01.10.2014	Seminar „Sport traumatology“ for GP trainees
15.11.2014	„4th Day of General Practice“ for GPs, practice staff and GP trainees
10.12.2014	Seminar „Gastroenterology“ for GP trainees

Information for practice staff

During the last Doctors meeting „Teaching doctors in general practice“, we performed again our seminar for practice staff. Our topic was „Handbook of Quality Management in general practice“. We highlighted basics and preconditions based on GBA guidelines. This was followed by practice-based recommendations for your manual. Discussions and intensive exchange of ideas made this seminar, again, successful. Thanks to all participants. The manual concerning the implementation of an appointment-led practice based on the SALUT-5-Program, which some of you have tested, is in the last step of development. As soon as it is printed, you will receive a copy by mail.

Further meetings we would like to invite you to:

07.05.2014 5:00-7:30 p.m.	„Chaos at the reception desk and how to manage it“
03.09.2014 5:00-7:30 p.m.	„Der immobile Patient in der Hausarztpraxis“
15.11.2014 9:00 a.m.-3:00 p.m.	„4th day of General Practice in Thuringia“ with educational program specifically concerning practice staff

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