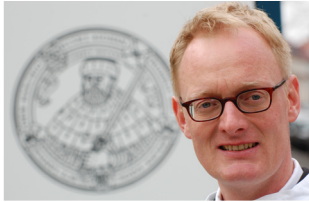




JEN@ALLGEMEINMEDIZIN



Dear Colleagues,
Dear Friends of our Institute

We have a busy year ahead of us, so I'll keep my greetings short but cordial! In so doing we'll have more room for all the news of what's happening at the Institute,
Yours,
Professor Jochen Gensichen

The first!

In November 2014, after five years, Dr. Solveig Carmienke became the first person to successfully complete the 'Structured specialist training in family medicine – curing, managing, shaping' program at the regional medical association in Thuringia to qualify as a specialist in family medicine. Please accept our warm congratulations!

solveig.carmienke@med.uni-jena.de

Michael Freitag is the new Professor in Oldenburg

Our long-time colleague Professor Michael Freitag will take over the professorship in family medicine with a focus on health services research at the Carl von Ossietzky University in Oldenburg. We would like to wish him all the best for the future!

michael.freitag@uni-oldenburg.de

Prize for Borreliosis study

The €5000 research prize 2014 awarded by the Society for Promoting Quality Assurance in Medical Laboratories e.V. (IN-stand e.V.) was awarded to a working group consisting of Iris Müller, Dr. Benedikt Lohr, Professor Klaus-Peter Hunfeld from Frankfurt, as well as Dr. Michael Freitag and Professor Jochen Gensichen from Jena, for work on epidemiology, cost analysis and quality of laboratory analyses in Lyme-Borreliosis patients in Germany, with a special focus on exter-

nal quality control.

jochen.gensichen@med.uni-jena.de

DFG – Apricare to be continued

'Apricare I' (Adult Attachment in Primary Care) shows that the attachment-related dimension "avoidance" is associated with little social support and few visits to doctors, and the dimension "anxiety" with low expectations of self-efficacy (in press). The 'Apricare II' study that has just been approved by the DFG examines specific patient behaviors such as blood glucose monitoring, dietary behavior, physical activity etc. in relationship to the attachment-related dimensions.

katja.brenk-franz@med.uni-jena.de

Jena-PARADISE to continue!

In so-called 'Jena-PARADISE', the family practice team supports an exercise program for anxiety patients. The results of the study that includes N=440 patients are very promising and the BMBF Ministry has extended the project until the end of 2015.

thomas.hiller@med.uni-jena.de

Monitoring for depression

In the health services report (WidO) published by the scientific institute of the AOK sickness fund, health insurance fund data are evaluated. After supporting their work focusing on depression for the first time last year (WidO 2014), we have now been asked to analyze data on depression for the annual section on monitoring. Amongst other things, we will be considering psychotherapeutic and pharmacotherapeutic aspects.

QM for our practices

As a trained assessor for the 'European Practice Assessment', Mercedes Schelle has been working for our practices since the beginning of the year. With her help, you can use the quality management system prescribed by law to take a good and comprehensive look at your practice.

mercedes.schelle@med.uni-jena.de

Doctoral scholarship

[The Primary Health Care Foundation](#) is offering three scholarships worth €3000 each for work on "Mental health in family medicine". The proposed project outline should not be longer than four pages, and the project's suitability for a doctorate in family medicine, should be confirmed by a relevant institution. Applications must be received by April 1, 2015.

jochen.gensichen@med.uni-jena.de

Antibiotics in our practice

In February the BMBF Ministry's project entitled 'Rational Use of Antibiotics' will begin. As part of 'Infectcontrol2020', we will be investigating – in cooperation with colleagues from Charité amongst other hospitals - whether appropriate information and communication with patients and doctors will optimize the prescribing of antibiotics in family practices. It is hoped this will support the fight against multi-resistant pathogens.

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The fourth!

In line with motto "Colleagues meet Colleagues!", 133 guests met up for the fourth Thuringia General Practice Day on November 15, 2014. You can see photos of the 18 courses that took place on our [homepage](#). Nine teaching practices were accredited at the event, bringing the number of our 250 teaching practices that are "especially good and active" to 62. The 'Hufeland Lecture' was read for the first time at the event. The announced keynote speech was held by Michael M. Kochen. He concluded it with a call "to disentangle our links with industry and to maintain the trust of our patients, as this will, in my opinion, be one of our most important tasks in the coming years: Overcoming the alliance question". We would like to thank all the speakers, musicians, sponsors and participants. We are looking forward to the Fifth General Practice Day on November 14, 2015.

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News from Teaching

JENOS – FSU reform

In the winter term 2014/15, we gave a joint introductory course in clinical, outpatient and research-oriented medicine. As a result, 100 students decided to focus on outpatient medicine, 165 on clinical medicine and 27 on research-oriented medicine. From April 2015, practical events will begin in all three disciplines. Outpatient medicine, which is coordinated by the Institute of General Practice, will begin with a course in basics of outpatient medicine and has been able to gain the support of 31 teaching practices from further specialist disciplines for the first time. These will include gynecology, psychiatry, orthopedic medicine, oncology and pediatric medicine. Further information can be found on the [Office of Student Affairs homepage](http://www.officeofstudentaffairs.uni-jena.de). svn.schulz@med.uni-jena.de



Family medicine case conference

A case conference takes place from 8:00 a.m. to 8:45 a.m. every Wednesday at which an interesting case from everyday clinical life is presented. Under the supervision of a practicing family doctor, suspected and differential diagnoses will be discussed along with therapeutic procedures, and an eventual transfer to outpatient health care. So far, 30 clinical cases have been compiled that will also be used in problem-oriented medicine (POM). konrad.schmidt@med.uni-jena.de

Online course: How to deal with unhealthy behavior

49 slides and integrated videos on the “motivating interview” can now be tested by you! Discussion techniques can be learned and improved and used in your daily work. That is the purpose of the EQuIP online course that you can find in German and free of charge here: <http://tinyurl.com/MotivInt-ger> or contact mercedes.schelle@med.uni-jena.de

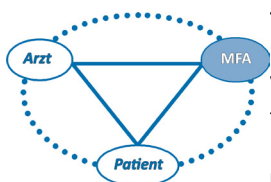
Course: Practice-Research – June 2015: register now!

From June 25-28, 2015, the fourth “EQuIP Summer School on research for quality in Primary Care” will take place in Zagreb. In addition, it will be possible to network, discuss individual projects and exchange information with experts including Professor Frede Olesen and Professor Jochen Gensichen – all in all, an intense experience with experts and pleasant colleagues. You can find further information on our [homepage](http://www.eah-jena.de/fhj/bw/studiengaenge/MBA_HCM/Seiten/default.aspx). susanne.worrack@med.uni-jena.de

MBA in Health Care Management

In September 2015, a two-year part-time course will begin at the Ernst-Abbe University in Jena. It is directed towards colleagues that already have clinical experience and that are striving to attain a leading position in health care. Professor Jochen Gensichen will teach there again this year. Register now! http://www.eah-jena.de/fhj/bw/studiengaenge/MBA_HCM/Seiten/default.aspx

Dear health care assistants



This year we would like, once again, to invite you to take part in one of our seminars for HCAs that have been successfully conducted at the same time as our “Doctors’ meeting - teaching family medicine”. You have been partially responsible for the choice of topics and we are looking forward to having a fascinating time and lively discussions on everyday practice life.

May 6, 2015 (5:00 p.m. – 7:30 p.m., seminar room, Institute of General Practice)

Dealing with patients with mental illnesses in the family practice – what can and should an HCA do?

September 2, 2015 (5:00 p.m. – 7:30 p.m., seminar room, Institute of General Practice)

Wound care in the family practice

November 14, 2015 (9:00 a.m. – 15:00 p.m., Lobeda Clinic)

5th Thuringia General Practice Day, including fascinating workshops for HCAs

Yours, Mercedes Schelle mercedes.schelle@med.uni-jena.de

