

AllgmedNews

For cooperating partners, academic training practices and interested people

25th edition - March 2017

General practice and health services research news from the Institute of General Practice and Family Medicine at the Jena University Hospital

Hard goodbyes and a warm welcome

After eight and a half years, founding member Dr. Katja Brenk-Franz left our institute setting her individual point of focus for her future career to the Institute of Psychosocial Medicine, one of our cooperation partners. Her multifaceted work for appealing courses, for innovative scientific research, especially in the area of bonding, and her contribution to the social togetherness will leave impressive marks. Mercedes Schelle, who further developed the MFA field in the insti-



tute and contributed significantly to the "Jena-Paradise"-study's success, has also left the institute to devote herself to other projects. We wish both of them a lot of success and satisfaction in their new professional occupations. Replenishing our team, we are welcoming Josephine Römhild, MTLA and MSc in Health and Nursing Sciences. She will be primarily supporting us in the analysis of secondary data. We are looking forward to our cooperation!

Seminars for students in their clinical internship year and doctors from Thuringia doing further education in general medicine

Recommended by doctors in further education at the institute

Dr. med. Florian Wolf: For a few years, our institute's employees have been organising a series of seminars tailored to the needs of students in clinical internship and doctors in further education, which is free from any influence on the part of pharmaceutical or medical products industry. In 2016 we were furthermore able to win over top-class lecturers who demonstrated in 90 minutes-presentations how diverse and demanding the day-to-day life of family doctors can be by presenting an appealing compilation of their long-time clinical experience, real-life case studies and evidence-based reports. They covered a broad

variety of topics like "Pregnant patients in family practices", "Common infectious children's diseases", "Evaluating suicidal tendencies", "Post mortem examinations in family practices" or "Establishing your own practice – recommendations for self-employment". These cost-free events were characterized by lively discussions and intensive exchange of ideas amongst 15-20 colleagues on average. We hope that our choice of topics for 2017 (see on the back) will be similarly appealing and will invite numerous future family doctors to participate in these fruitful meetings.

News from the teaching-field

Dr. med. Inga Petruschke: For the first time, we offered a series of seminars to students in their 9th semester, covering topics like "New structures in the provision of healthcare", "Non-verbal communication" and "Healthcare-apps". Due to the positive feedback we are encouraged to further develop similar concepts. For the upcoming lectures in spring 2017 we are closely cooperating with locally prac-

tising GPs to evoke enthusiasm about General and Family Medicine. Our next meetings for GPs involved in teaching medical students will be held on 26.04. and 27.09.2017. Besides teaching-specific topics, we will hear guest lecturer Prof. Axer's presentation about vertigo. We successfully conducted a workshop on "How to give feedback" on Wednesday, 08.03., which will be repeated in October.

Dear readers,

the first hundred days have passed – it is time to take a look back. Good news first: our institute is alive and well. Thanks to third-party funding projects we were able to employ new colleagues (e.g. Ms. Römhild) and to continue to carry out our research with great enthusiasm. We would like to present you some of our new projects in this newsletter. In November, we held a 1,5 day-long strategy workshop under the management of Joanna Bouchi-Häfner from Hamburg, which enabled me to get to know everybody working in the institute. Thank you for this opportunity!

Nevertheless, we are still facing many challenges. Dr. Brenk-Franz and Ms. Schelle left the institute in order to take on new tasks. We wish them all the best and look forward to working with you in the future. Mr. Schmidt is also shifting his focus and will mainly work in the Charité in Berlin from now on. Luckily, he will still be supporting us by teaching – it also offers good potential for us to have connections to someone working in the capital city. Speaking of teaching: we are facing great challenges in improving our apprenticeship and advanced education which we can only tackle together. Therefore, I want to emphasize on my invitation to our GP-colleagues to play an active part in teaching practice and lecturing!

Our greatest challenge is filling our mission of being a "bridge between science and practice" with new life. The next meeting of teaching practices on 26 of April will provide a great opportunity for exchanging ideas and getting to know each other and will be followed by a small reception, to which you are all cordially invited!



Yours
Professor Horst Christian Vollmar, MD, MPH
Deputy Director, Institute of General Practice and Family Medicine

Research news

Study concerning anxiety disorders officially concluded

Jörg Breitbart: By publishing our final report in December, we concluded our active project work for 'Jena-PARADIES'. The study team wants to sincerely thank all patients, participating practices and other cooperation-partners, without their support

it would not have been possible to carry out our study. We hope that our positive results will be able to contribute to improve care for patients with anxiety disorders in the family doctor's sector.

Treating depression in the framework of HzV

Markus Krause: Patients suffering from depression, who participated in the GP-centred health care program of the AOK Plus health insurance company in Thuringia, received a more intense monitoring and, consequently, were more likely to receive a depression-treatment by their family doctors than patients in standard care. Results of this subproject of the program' general evaluation are being published in "General Hospital Psychiatry".

Starting up the BMBF-supported project "Impfen 60+"

Dr. rer. pol. Antje Freytag: Starting with a kick-off meeting on 14th of November in Erfurt, we commenced our 3-years research project "Impfen60+", which aims to promote vaccinations against influenza and pneumococcus amongst over 60-year-olds in a cooperation between the University of Erfurt, the UKJ, the Robert-Koch-Institute and the Lindgruen GmbH. The health-economic evaluation in terms of utilization and related costs for vaccinated compared to unvaccinated individuals will be led by Dr. Freytag.

Three healthcare research projects supported by the GKV-Innovation fond

Dr. rer. pol. Antje Freytag: Our institute is looking forward to the three following projects in the field of health services research:

1) "SAVOIR": Evaluating the SAPV-guidelines: Outcomes, interactions, regional differences. Under leadership of Prof. Meissner (UKJ-palliative medicine) we will be taking care of two tasks: Surveying family doctors' integration into outpatient palliative care structures and a claims data-analysis of the Barmer-GEK health insurance company exploring the utilization of medical services by patients receiving palliative care. Duration: 2017-2019.

2) Evaluating the cardiology contract on top of a major GP-centred health care program in Baden-Württemberg under the responsibility of the institute of General Practice in Frankfurt, in cooperation with the University of Heidelberg and the AQUA-Institute Goettingen. Duration 2017-2019.
3) "ITBX" – Appropriate and safe medication for nursing home residents with the help of an interprofessional toolbox. Dr. Freytag will serve as consultant for health-economic aspects in this intervention study, that will take place under the responsibility of Prof. Schneider from the Institute of General Practice in Hannover. Duration 2017-2020.

Where we can/could be found during the first term of 2017

In January, Prof. Vollmar presented the symposium "E-Health: Healthcare-research at the interface between digital possibilities and analogous life" at the BMC Congress (German Managed Care Association) together with Prof. Hoffmann from Greifswald. Furthermore, him and Dr. Kramer led the AG Digital Health meeting. Dr. Freytag introduced the new project "Impfen60+" at the Congress of DGGÖ (German association for healthcare economy) in Basel on the 09/10 of March. Simultaneously, at the

09-11 of March at the DNEbM (German Network for Evidence-based Medicine) Congress in Hamburg, Ms. Gehringer presented a poster about her systematic review discussing psychological interventions for PTSD-patients in primary care. In addition, Prof. Sänger and Prof. Vollmar, joined by students of SRH academy for Health Gera, presented a poster about the use of healthcare-apps in general practice and family medicine.

Current publications from the Institute

Freytag A & Krause M et al. Depression management within GP-centered health care - A case-control study based on claims data. Gen Hosp Psychiatry 2017;45:91-98.

Neisecke T et al. Einfluss intersektoraler elektronischer Medikationslisten auf die Arzneimitteltherapiesicherheit. Z Allg Med 2016;92(12):508-13.

22.03.

First years in practice

Dr. med. Christian Fleischhauer, general practitioner Jena

26.04. 17:00-19:30

Vertigo diagnostic

Prof. Hubertus Axer, Clinic for Neurology Jena

24.05.

Practical EKG- and ergometry diagnostic

Prof. Ralf Surber, Clinic for Internal Medicine Jena

14.06.

Aspects of family medicine

Reinert Hansville, ifs Essen

23.08.

Manual medicine

Dr. Norman Best, Institute of Physiotherapy Jena

25.10.

Naturopathic methods in family practices

Dr. Doreen Jaenichen, Practice for Naturopathy Jena

18.11. 09:00-15:00

7th Thuringian General Practice Day

13.12.

Treating ENT-diseases in family practices

Prof. Guntinas-Lichius, Clinic for ENT Jena

Time:

16:00-17:30 if not stated otherwise

Location

University Clinic Jena, Institute of General Practice, Bachstrasse 18

Please register at

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