

# AllgmedNews

For cooperating partners, academic training practices and interested people

27<sup>th</sup> edition - November 2017

General practice and health services research news from the Institute of General Practice and Family Medicine at the Jena University Hospital

## Teaching doctors needed!

Do you enjoy sharing your medical knowledge and expertise? Are you interested in professional exchange with other teaching GPs and in extending your didactic skills? Would you like to enthuse students with our subject, General Medicine? If you can answer these questions positively, we would like to invite you to become a teaching doctor and train students in your practice! The students will either be in their internship (8<sup>th</sup> semester, 2 weeks) or in their final practical year (11<sup>th</sup> semester, 4 months). Contact us for further information!

### Upcoming events at the Institute of General Practice and Family Medicine:

- Meeting of teaching General Practitioners on 24<sup>th</sup> January, 2018, 5-7pm
- Didactics training on 7<sup>th</sup> March, 2018, 2-6 pm

### Contact for registration and further information:

Phone number +49 (0) 3641 9-395813 or [katrin.martinezreyes@med.uni-jena.de](mailto:katrin.martinezreyes@med.uni-jena.de)

## We welcome and say goodbye to...

In October, our team received reinforcement by Ms. Michelle Kaufmann, B.Sc. and PD Dr. phil. Ulf Sauerbrey. Ms. Kaufmann is a biochemist and will be supporting our institute's data management. Dr. Sauerbrey is qualified as a university lecturer in educational sciences and will participate as a research assistant, for instance in a study about the discharge of dementia patients from the hospital to their homes, as well as in the project on physicians' health. Additionally, he will contribute skills and expertise in the methodology of qualitative research. We are

looking forward to our cooperation!

After more than 8 years, our valued colleague Nico Schneider has decided to face new professional challenges and switched workplaces on 1<sup>st</sup> September 2017 in order to support a research project of the university clinic's institute for psychosocial medicine and psychotherapy. Although this was a bad news for us, we would like to thank him for his supporting, reliable and loyal work throughout the years and wish him all the best for his future.



## Dear readers,

It is one of the best things for a chief to be able to proudly look at his employees – forming the future generation of scientists and doctors. They have again been attending the important congresses for general practice and family medicine as well as health services research and have – amongst presenting numerous scientific contributions – won two meaningful prizes. Further details can be found in this newsletter. However, there are also exciting discoveries to be made off the beaten tracks, like the 10th annual conference



of the network for future research. This year's key note speaker Riel Miller, one of UNESCO's experts in foresight, talked about the existence of "future literacy" and its trainability - by the way, a similar concept to "health literacy", which we are discussing in health sciences.

It's always good to think about the future - let's build it together!



Sincerely yours

**Prof. Dr. med. Horst  
Christian Vollmar, MPH**

Acting director of the  
Institute of General Practice  
and Family Medicine

## Award ceremony on the 16<sup>th</sup> German Congress for Health Services Research

### General doctors rewarded for care research projects

Not one, but two research projects lead by scientists from the Institute of General Practice and Family Medicine of the University Hospital Jena received an award at the annual congress held by the German Network for Health Services Research in October 2017: Dr. Konrad Schmidt and Prof. Jochen Gensichen from the Smooth study group won the Wilfried-Lorenz prize for health services research 2017. In their examined aftercare program for patients surviving a severe sepsis, they could emphasize the importance of aftercare by general physicians

subsequently to intensive care and furthermore extend its relevance to an international frame and show first approaches to solutions.

Markus Krause was rewarded by the Hufeland-Preis foundation with a funding for doctoral candidates in healthcare research for his work in a study examining the quality of family doctor's care for over 8000 patients suffering from depression. This analysis forms part of the evaluation of healthcare centred around family doctors in Thuringia, supervised

by Dr. Antje Freytag. Results indicated a closer medical observation of participating patients, who are consequently more likely to receive an anti-depression therapy from their general practitioner. "Both projects prove how demanding the family practitioners' role as the main contact person for patients with long-term illnesses can be and what fruitful outcomes can arise from this connection", acting director of the institute Prof. Horst Christian Vollmar contentedly commented.

## News from science

### Funding a project promoting doctors' health

The Institute for general medicine obtained confirmation for funding of a research project concerning utilisation of healthcare by doctors within the framework of the initiative for funding scientific research 2016, led by the Central Research Institute of Ambulatory Health Care. Aiming at comparing utilisation of care services between doctors with statutory insurance plans and the general population with statutory health insurance, routine data will be analysed over the next two years. It is expected to start on the 1<sup>st</sup> January 2018.

### Presenting ourselves on the 51<sup>st</sup> Congress of General Practice and Family Medicine (DEGAM)

This year, eight of our colleagues presented results from their research projects on the 51<sup>st</sup> DEGAM congress in Düsseldorf. Dr. Schmidt showed outcomes of a sepsis-register created by general practitioners as well as effects of sepsis-aftercare by family doctors depending on levels of education (SMOOTH-study). Dr. Schulz gave a presentation on the topic of "Behaviour of ill medicine students", Dr. Wolf on "Retrospective data acquisition of ADHS-symptoms in childhood" and Ms. Hülle about utilisation and costs of medical care of sepsis-survivors. In addition, we were able to introduce 3 posters, which can also be found on our homepage, about the following topics: PTSD (Ms. Gehringer, substituted by Mr. Krause), antibiotic medical therapy (Dr. Petruschke) and the Jena anxiety-monitoring-list (JAMoL) (Mr. Breitbart, substituted by Mr. Krause).

### Reporting about the 16<sup>th</sup> German Congress for health services research

Besides a speech of Prof. Vollmar on current issues tackled by the working group "Digital Health", Dr. Schmidt gave a talk on the relevance of registers in clinical care research as well as potential improvements in healthcare for people with unipolar depression. Dr. Freytag introduced the new research project "SAVOIR" which is funded by the InnovationsFonds, Dr. Petruschke explained the RAI-study's interim evaluation and Ms. Römhild presented a poster on methodological issues of the study "Impfen60+". Similar to the DEGAM congress, committee work was playing an important role during this event.

### Alzheimer Europe

In the beginning of October, this year's Alzheimer Europe Conference took place in Berlin. The event was organized by the German Alzheimer Foundation. Its specialty is without any doubt the mutual participation of both scientists and affected patients. According to the motto "Not without us", patients suffering from dementia were always present on the conference. One of the heavily discussed topics amongst others was "Dementia and driving". Before the congress, the INTERDEM group (Early detection and timely INTERvention in DEMentia), a pan-European network of dementia-researchers was holding a meeting to examine new initiatives in research.

### Release of **impfen60+** campaign

In collaboration with the Thuringian minister for Labor, Social Affairs, Health and Women Heike Werner, the campaign's kick-off took place on 25<sup>th</sup> September 2017. Further information on the joint vaccination campaign "Impfen60+" supported by the BMBF can be found on <https://www.thueringen-impft.de>.

Complimentary material for doctor's practices can be ordered on <http://impfen60.bestellen-wir.de>.

## Current publications of the Institute

Gehringer R et al. Systematic review and meta-analysis of psychological interventions for posttraumatic stress disorder (PTSD) in primary care settings. PROSPERO 2017:CRD42017060123.2017.

Vollmar HC et al. Wie gelangt Wissen in die Versorgung? Bundesgesundheitsbl Gesundheitsfor Gesundheitsschutz. 2017; 60(10): 1139-1146.

Pentzek M, Vollmar HC et al. Putting dementia awareness into general practice: The CADIF approach. Frühwahrnehmung von Demenzen in der Hausarztpraxis: Der CADIF-Ansatz. Z Gerontol Geriatr. 2017.