



# AllgmedNews

For cooperating partners, academic training practices and interested people

30<sup>th</sup> edition - November 2018

General practice and health service research news from the Institute of General Practice and Family Medicine at the Jena University Hospital

### **News from Education**

# General Practice Internship, 2018

In the recent summer semester, 126 Thuringian general practitioners provided training to 253 medical students for two weeks in their practices. The evaluation showed that the students were very satisfied with their training in the practices (overall rating of 1.3 on a scale of 1-5). Thanks to all of the GP trainers who participated!

Just as in the past year, the Foundation for the Promotion of Outpatient Medical Care in Thuringia (www.savth.de) will support students who are completing their internships at locations farther away from Jena with fewer than 25,000 inhabitants. The number of applications has risen from 25 to 63. That shows that the financial support to help with the costs of travel and accommodation does encourage students' interest in primary care in rural areas.

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# Specialist Training in General Practice: A new seminar program is starting

Next year the Thuringia Competence Centre in Primary Care will start its two-year curriculum involving specialty training in Thuringia. The seminar and mentoring program for 2019 and 2020 will be presented at the introductory session on November 30, 2018, from 1-4 pm at the Thuringian Association of SHI-accredited Physicians in Weimar. The seminars cover topics relevant to the routine practice of family medicine and the medical specialty exam and are led by experienced medical specialists.

Physicians who are undergoing specialty training are welcome to attend the free introductory seminar on polymedication. You can register to attend at the Competency Center on the day of the event or at www.hausarzt-werden-in-thueringen.de.

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### News regarding our Team

In October Jörg Breitbart ended his work at our Institute. Most recently active as a physician undergoing additional training, he participated for many years in the conduction of the PARADIES study. We thank him for his efforts and wish him all the best in his future endeavors.

Dr. Monique Vogel, who is also a physician pursuing additional training, will leave us temporarily and with our best wishes for the birth of her child.

A hearty welcome is extended to Dr. Rebekka Gehringer, who will return in October at the end of her parental leave to continue her specialty training.

#### Dear readers,

In November the 8th Thuringia Day of Primary Care took place, this year again in cooperation with the international continuing education course in evidence-based diabetology. As announced in our last newsletter, the ceremony celebrating the ten-year anniversary of the Institute of General Practice and Family Medicine was held as part of this event. Representatives from government, higher education and family medicine presented their ideas and thoughts on the future of primary care in Thuringia. It was a successful ceremony and I want to thank all participants and staff.

Autumn is known to be the time for conferences and our institute has participated with numerous presentations at the DEGAM Congress in Innsbruck and the Health Services Research Congress in Berlin. An overview can be found in this newsletter.

Two new projects on the topics of sepsis and physician health began with SEPFROK and "Doctors as Patients: Physicians' use of the healthcare system."

On behalf of the entire Institute, I wish you much enjoyment while reading this latest newsletter.

Sincerely,



**Dr. med. Sven Schulz** Interim Head of the Institute for General Practice and Family Medicine





#### Workshop for Doctors in Further Education

#### 12.12.2018

"Wound Management in Primary Care" Christiane Taubert

## **Research Findings**

#### Report from the 52<sup>nd</sup> DEGAM Congress in Innsbruck

True to this year's theme - science needs primary care physicians & primary care physicians need science - nine colleagues were able to present current research findings at the 52<sup>nd</sup> DEGAM Congress of the German Scientific Association of Family Physicians. In the presentations, Ms. Hecker (doctoral candidate) presented on the use of primary care services by GPs themselves; Ms. Römhild presented an analysis of SHI claims data regarding pneumococcal and influenza vaccinations; Dr. Schmidt presented on the effects of follow-up care for sepsis on post-traumatic symptoms, and Mr. Schwarzkopf (represented by Dr. Schmidt) presented on the predictors of chronic post-traumatic symptoms following sepsis. Ms. Stichling presented a report on primary care for palliative patients inside and outside the SAPV. In a workshop Dr. Schulz addressed whether GPs get sick differently. In addition, Dr. Krause, Dr. Petruschke and PD Dr. Sauerbrey presented several posters on measures to increase the response rate to a written physician survey, the translation and validation of the Patientcentered Observation Form, and an overview of advice books for parents on child health available in German.

# Papers for the 17<sup>th</sup> German Congress on Health Services Research (DKVF)

At this year's Health Services Research Congress in Berlin, Dr. Ditscheid presented the first results of the SAVOIR subproject 5: "Utilization of palliative care at the end of life: Forms of care and regional distribution". As part of the lecture session on health promotion and prevention in seniors, Ms. Römhild presented results on AOK-insured people 60 years and older in terms of influenza and pneumococcal vaccination behaviours.

#### Physicians Health

The use of the healthcare system by physicians is influenced by different factors. Little is known about how or how often physicians use the healthcare system when they are sick or for prevention. With the aim of comparing use of the healthcare system by physicians covered by the Social Health Insurance (SHI) to the general population covered by SHI, our study investigating doctors as patients and physicians' use of the healthcare system began on November 1, 2018, and is funded by the Central Institute for SHI Healthcare (ZI). The project will last for two years.

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#### SEPFROK

On September 1, 2018, a new two-year health services research project on sepsis (SEPFROK) started in which we will be participating. Based on nation-wide AOK patient data, we will be investigating the consequences of sepsis in collaboration with the Center for Sepsis Control and Care (CSCC) (consortium leadership), the Institute for Medical Statistics, Computer Science and Data Science (IMSID), Jena University Hospital, the Department of Anesthesiology and Operative Intensive Care Medicine at the Charité Berlin, and the AOK Research Institute (WIdO) in Berlin. We will be looking at what the complications of sepsis are, how frequently and at which time points they occur. What is the cost and which resources are needed? SEPFROK will examine a time period of up to three years after the sepsis has occurred so that patient characteristics and treatments indicating risk factors for severe or cost-intensive sepsis complications can be identified. For us, this project is linked with the SMOOTH study, our primary care intervention study on follow-up care for sepsis.

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# The Institute's current publications

Betsch C, Rossmann C, Pletz MW, Vollmar HC, Freytag A et al. Increasing influenza and pneumococcal vaccine uptake in the elderly: study protocol for the multi-methods prospective intervention study Vaccination60. BMC Public Health. 2018;18(1):885.

Römhild J et al. Inter-rater agreement of the Quality of Life-Alzheimer's Disease (QoL-AD) self-rating and proxy rating scale: secondary analysis of RightTimePlaceCare data. Health Qual Life Outcomes. 2018;16(1):131.

Sauerbrey U, Petruschke I, Schulz S, Herklotz K, Vollmar HC. Elternratgeber zur Kindergesundheit - Ein Überblick über populärmedizinische Themen auf dem deutschen Buchmarkt. Zeitschrift für Allgemeinmedizin. 2018;6:269-75.

Schneider S, Salm F, Vincze S, Moeser A, Petruschke I et al.
Perceptions and attitudes regarding antibiotic resistance in
Germany: a crosssectoral survey amongst physicians, veterinarians, farmers and the general public. J Antimicrob Chemother.
2018.