

AllgmedNews

For cooperating partners, academic training practices and interested people

31st edition – March 2019

News on Family Medicine and Health Services Research from the Institute of General Practice and Family Medicine at the Jena University Hospital

Dear readers,

It is my great pleasure to wish you a warm welcome! I have now been managing the Institute of General Practice and Family Medicine at the Jena University Hospital since 01/02/2019 and I am looking forward to the exciting challenges ahead.

About me: I am 51, I am a specialist in general medicine, hail from Lower Saxony and have had a long career, spanning numerous roles and activities, at the Institute of General Practice and Family Medicine at the Hannover Medical School. This time was spent on research projects on urinary tract infections among many others, teaching concepts and projects and extensive contact with General Practitioners.

Now, a new stage begins. Family medicine at the Jena University Hospital: patient-oriented research and teaching, attracting practices as partners in

research and teaching, continuing to expand the interface between the university hospital and general practitioners, conveying the core skills in medical care to students and highlighting the appeal of outpatient care, establishing practical research projects, and shaping continuing education and training... these are the areas of focus for the coming years.

The right foundations already exist: an active, creative team at the institute, which continued to develop topics in teaching and research under the provisional leadership of Dr Sven Schulz. A stable network of teaching practices and lecturers in Thuringia who are committed to providing a practical education to students. Proven areas of focus in the course of studies with outpatient-oriented medicine and further training in the rotation programme and the competence centre. Existing and approved

research applications, a new project on the topic of urinary tract infections...

This is the basis on which I will be taking on my role, together with the team at the institute and the General Practitioners - these are exciting and positive times.

I look forward to meeting and getting to know many of you during the year!



Yours sincerely,

J. Bleidorn

Prof. Dr. med. Jutta Bleidorn
Director of the Institute
of General Practicae
and Family Medicine

A look into the future ...

... was provided by Minister Heike Werner, Prof. Reinhard Fünfstück, Dr Annette Rommel, Dr Ulf Zitterbart, Prof. Walter Rosenthal, Prof. Jochen Gensichen, Prof. Horst Christian Vollmar as well as speakers Prof. Ildikó Gágyor and Prof. Anne Simmenroth in their welcoming addresses to mark the institute's 10th anniversary at the 8th Thuringia Day of General Practice and Family Medicine (TTdA). The speakers agreed that the demand for general practitioners in Thuringia will continue to rise in the coming years. After the ceremony, the participating GPs, practice nurses and medical students had the opportunity to participate in evidence-based and practical workshops. The topics of "osteoporosis and vitamin D", "Borreliosis" and "multimodal treatment of chronic pain" proved to be the most popular. We would like to thank all the speakers, participants and organisers for the success of the 8th TTdA! **Save the date:** the 9th round of the TTdA will start on **30/11/2019**.



Speakers on the occasion of the institute's 10th anniversary. photo: Dr. Konrad Schmidt

Teaching news

First GP trainers meeting in Gotha

To make it easier for GP trainers who practice in western Thuringia, the January GP trainers meeting on 23/01/2019 was held in Gotha for the very first time. We were pleased with the attendance and participation of 21 colleagues! Cardiologist Dr Härtel from Eisenach held a comprehensive and practical lecture on the topic of "Thrombocyte aggregation inhibition and oral anticoagulation".

The next GP trainer meeting will be held on **Wednesday, 08/05/2019 from 5-7 PM** at the Institute of General Practice and Family Medicine in Jena. This time the specialist lecture will be held by Prof. Jutta Bleidorn on the topic of "The latest insights into urinary tract infections: the interdisciplinary S3 guideline on urinary tract infections". We look forward to seeing you there! For other dates and trainings for GP trainers see <https://www.uniklinikum-jena.de/allgemeinmedizin/Veranstaltungen.html>. (Registration at allgemeinmedizin@med.uni-jena.de). Contact person: Inga.Petruschke@med.uni-jena.de

Arrivals and departures

Besides the great news that Prof. Jutta Bleidorn has now been appointed to the Chair of General Practice and Family Medicine, an esteemed colleague will also be leaving us shortly: **PD Dr phil. Ulf Sauerbrey** will leave the institute in April 2019 to once again dedicate his time to educational science. Close cooperation is still planned in the GeWiMe project. We wish him all the best for his future.

New addition to the team : **Dr med. Benjamin Horvath** will join us as



a physician in our rotation programme for further training as a GP on 01/03/2019. Mr Horvath has gained initial experience in internal medicine in cardiology at our university hospital and is now looking forward to the structured further training provided in the rotation programme.

Participation in the “Three Minute Thesis®” competition

Our medical staff member and PhD student Kathleen Stichling showed that it is possible for a PhD topic to be entertainingly and comprehensibly summarised in three minutes during the renowned “Three Minute Thesis®” competition on 29/01/2019. She provided an overview of

her approach to the GP survey in the SAVOIR project, which involved GP activities at the interface between general outpatient palliative care (AAPV) and specialised outpatient palliative care (SAPV). Congratulations on an outstanding second place!

Research news

HZV-Kardio is in its final stages

The evaluation of the selective contract for cardiology in Baden-Wuerttemberg pursuant to section 73c SGB V (Fifth Book of the Social Insurance Code) is almost complete. It is based on routine data of the AOK and is being performed in cooperation with the Institute of General Practice and Family Medicine at the University of Frankfurt (our part: health economic analysis).

The selective contract supports a more intensive cooperation between GPs and cardiologists and gives cardiologists financial incentives to perform outpatient instead of inpatient cardiovascular procedures. The retrospective cohort study with an observation period of two years showed the following results in all disease cohorts (heart failure, coronary heart disease, heart-rhythm disorders and valvular heart disease): lower specific overall costs, fewer inpatient and more outpatient procedures (coronary angiographies, etc.), fewer hospitalizations with cardiovascular diagnosis and lower emergency service utilization, fewer pharmaceuticals prescribed by cardiologists and a lower use of (other) resident specialists. The team of researchers in Frankfurt also observed a more compliant drug therapy and fewer deaths.

The observed effects can be due to the higher level of coordination within the programme compared to standard care. Limitation: despite the careful adjustment of the differences between the participant and control group for socioeconomic and morbidity-related potential influencing factors, residual selection effects both on the patient and on the physician level cannot be ruled out. Detailed results will be published soon. Contact persons: Bianka.Ditscheid@med.uni-jena.de and Antje.Freytag@med.uni-jena.de

Initial results in SAVOIR

At the “Palliative care by GPs – evidence and prospects” symposium, held on 06/02/2019 in Bochum by the Department of General Practice and Family Medicine at the Ruhr University Bochum led by Prof. Dr Horst Christian Vollmar, Dr Antje Freytag spoke about the perspectives of health services research in palliative care. She also presented initial results from two SAVOIR subprojects (evaluation of the specialised outpatient palliative care directive: outcomes, interactions, regional differences). Results of the statutory health insurance claims data analysis show that, in Germany, many more patients are already receiving palliative care services, as well as specialised outpatient palliative care (SAPV) services than previously thought.

Initial results of the GP survey suggest that GPs, who are active in providing palliative care themselves, evaluate the importance of SAPV lower than colleagues who are less active in palliative care. Animated discussions with the attendant GPs were held about the consequences for the future design of general outpatient palliative care (AAPV) and specialised outpatient palliative care (SAPV) in Germany. Final and detailed results from SAVOIR will follow in the coming months. Contact person: Antje.Freytag@med.uni-jena.de

The Institute’s current publications

Freytag A*, Krause M*, Bauer A, **Ditscheid B**, Jansky M, Krauss S, Lehmann T, Marschall U, Nauck F, Schneider W, Stichling K, Vollmar HC, Wedding U, Meissner W, Savoir Study group. Study protocol for a multi-methods study: SAVOIR - evaluation of specialized outpatient palliative care (SAPV) in Germany: outcomes, interactions, regional differences. *BMC Palliat Care*. 2019;18(1):12. *contributed equally

Krause O, Wiese B, Doyle IM, Kirsch C, Thürmann P, Wilm S, Sparenberg L, Stolz R, **Freytag A**, **Bleidorn J**, Junius-Walker U, for the HIOPP-3-iTBX study group. Multidisciplinary intervention to improve medication

safety in nursing home residents: protocol of a cluster randomised controlled trial (HIOPP-3-iTBX study). *BMC Geriatr*. 2019;19(1):24.

Schmidt K, **Gehring R**, Gehrke-Beck S, Gensichen J. Traumafolgestörungen in der Allgemeinmedizin. *Prim Hosp Care Allg Inn Med*. 2018;18(12):212-6.

Teismann T, Lukaschek K, **Hiller TS**, **Breitbart J**, Brettschneider C, Schumacher U, Margraf J, Gensichen J, the Jena Paradies Study Group. Suicidal ideation in primary care patients suffering from panic disorder with or without agoraphobia. *BMC Psychiatry*. 2018;18(1).

Seminar days at the Kompetenzzentrum Weiterbildung Thüringen (KWT)

12/04/2019 | Weimar, Kassenärztliche Vereinigung Thüringen

09:00 AM – 12:15 PM Planned home visits

12:45 PM – 04:00 PM Emergency preparation for medical practices

14/06/2019 | Erfurt, Bildungshaus St. Ursula

Medical training days Thuringia

09:00 AM – 04:00 PM Case reviews: Youngster Seminar

30/08/2019 | Jena-Maua, Landesärztekammer Thüringen

09:00 AM – 10:30 AM Neurological basic diagnostics

10:45 AM – 12:15 PM Hitlist of billing codes, Part I

12:45 PM – 04:00 PM Therapeutic product or aid? Do they belong together?

25/10/2019 | Weimar, Kassenärztliche Vereinigung Thüringen

09:00 AM – 12:15 PM ‘Challenging patients’ – difficult communicative situations

12:45 PM – 02:15 PM Pitfalls in post-mortems

02:30 PM – 04:00 PM Visual diagnosis in ENT medicine

30/11/2019 | Jena

9th Thuringia Day of General Practice and Family Medicine

06/12/2019 | Jena-Maua, Landesärztekammer Thüringen

09:00 AM – 12:15 PM “Good pills? – bad pills?”

12:45 PM – 02:15 PM Visual diagnosis in ophthalmology

02:30 PM – 04:00 PM Example of primary, secondary and tertiary prevention in general practice

Registration: tina.goetz@kvt.de

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