

Review of the TTdA

Old and new faces, conversation and a good working environment – this describes the Thuringia Day of Primary Care 2019 in a few words. 75 colleagues and practice nurses visited us in the “Alte Chirurgie”. Next to workshops and plenary lectures, the midday panel debate between Prof. Wolfgang Pfister from the Hufeland-Klinikum Weimar and Dr. Steffen Raabe from “Doctors for an individualized choice in

vaccinations” (“Ärzte für individuelle Impfentscheidungen e.V.”) has been a real highlight.

The hour long discussion was on the need for a general compulsory vaccination in Germany. Even though both speakers were in favor of a high rate of vaccinations in the general population, they articulated different opinions whether a law to ensure compulsory vaccinations is the

right way to achieve these rates. While Prof. Pfister emphasized the public’s interests in the herd immunity and the responsibilities towards children with a suppressed immune system, Dr Raabe criticized the Measles-protection law (Masernschutzgesetz) released by the German government, because the significant misses in vaccinations are only found in adults, who are not addressed by this law. A connection between a compulsory vaccination and complete vaccination couldn’t be validated. Compulsory vaccination or not – unvaccinated adults should in any case be advised to get the Measles-vaccination.

The next Thuringia Day for Primary Care will be moved to the beginning of the year and will take place on the 27th of February 2021.



left to right: Prof. W. Pfister, Dr K. Schmidt and Dr S. Raabe while discussing | Photo: Szabó/UKJ

Dear colleagues,

2019 has been a moving year in the Institute of General Practice and Family Medicine and we are starting in an equally exciting 2020.

A lot has been on our minds as we have been planning more and more seminar course instead of lectures. With the new project “Together in the countryside” we want to bring more students to the rural areas in Thuringia during the internship. The “big picture” in medical education is changing, primary care gains in importance in medical education in Germany.

Upcoming research topics are being worked out, new projects are starting and others come to the end. Proposals are being prepared, and the network of scientific research practices is beginning to take shape. The task force “Good practice antibiotics” has started. And so on...

Exciting and challenging: creating and managing, both has its place. In our team we are happy to host different competencies and disciplines, and work together as scientists, doctors, GPs, coordinators and study nurses. Furthermore, many Thuringian General Practitioners support us as reliable partners for education and science in many GPs from all around Thuringia – so we are well prepared and equipped for upcoming challenges.

You will find information on a variety of topics in this newsletter. We hope you will enjoy reading, and please do not hesitate to send us questions and comments.

With best regards



Yours
J. Bleidorn
Prof. Dr. med. Jutta Bleidorn
and the team at the
Institute of General Practice
and Family Medicine

Teaching News

Elective Family Medicine for Students in the Second Semester

We look back on the first run of the elective family medicine for students in the first section of their studies. The name already displays what is offered to the students: “accompaniment of a chronically ill patient”. Over the course of one year the students had the opportunity to interview a chronically ill patient your times, visit the GP trainers and go on home visits to “their” patients. Between the patient encounters the students attended seminars about history taking and reporting about a patient in the Institute of General Practice and Family Medicine. The evaluations are encouraging to further offer this elective to medical students. A big thanks to the GP trainers: Dr Müller, Dr Gneist and Dr Seibt.

Together in the Countryside

To arrange more placements of medical students in rural GP training practices in Thuringia, we start the pilot project “Together in the Countryside” supported by the Foundation for the “Promotion of Outpatient Care in Thuringia” (Stiftung zur Förderung der ambulanten Versorgung in Thüringen). In small groups and with shared accommodation, students can complete their practical training in general medicine completely on site and enjoy the advantages of living and working in rural areas. We are very excited and are going report in the next newsletter. Contact: Inga.Petruschke@med.uni-jena.de and Katrin.MartinezReyes@med.uni-jena.de




Jena-Paradies Award-winning
 ...der Angst entgegen, freier leben!

Prof. Dr Jochen Gensichen and the Paradies-study group have been awarded with the scientific price of the German network of evidence-based medicine (“Wissenschaftspreis des Deutschen Netzwerks Evidenzbasierte Medizin”) for the project Jena Paradies - treatment of panic disorder in GP practices („Jena-Paradies: Behandlung von Panikstörungen im Team der Hausarztpraxis“). We congratulate and are very happy for them.

Dates

28.03.2020, 10:00 AM – 03:00 PM – Rational Laboratory Diagnostics (Dr G. Egidi, Bremen); Weimar, Kassenärztliche Vereinigung Thüringen (SR1)

13.05.2020, 05:00 PM – 07:30 PM – GP trainer meeting; Jena, Institute of General Practice and Family Medicine, Bachstr. 18

Main values of Family Medicine: Dangers and Chances-this year's DEGAM congress will take place under this aspect, together with the international WONCA Europe congress, that will take place from the 24th to 27th June 2020 in Berlin

27.02.2021 – Thuringia Day of Primary Care

International Meeting of Young General Practitioners on the “Wind of Change in Family Medicine”

Prior to the 25th Conference of WONCA Europe, which takes place in Berlin together with this year's DEGAM congress, young GPs from all over Europe meet for a Pre-Conference (23rd-24th of June 2020). In this intensive exchange of personal experiences, networking and the joy of Family Medicine are the key aspects. Next to the visiting of GP practices, exciting and diverse workshops and keynotes all addressing the topic “Wind of Change in Family Medicine” are offered to the participants. The registration is unattached to the participation of the main conference and can be found on www.woncaeurope2020.org/registration.

Seminar Days of the Thuringia Competence Centre in Primary Care

27.03.2020 | Jena-Maua, Landesärztekammer Thüringen

09:00 AM - 12:15 PM Complementary Healing Methods in the example of oncology
12:45 PM - 04:00 PM Self-care

12.06.2020 | Erfurt, Kaisersaal (Medical training days Thuringia)

09:00 AM - 12:00 AM Youngster Seminar - Difficult cases solved and presented by doctors in further education

03.07.2020 | Weimar, Kassenärztliche Vereinigung Thüringen

09:00 AM - 10:30 AM Medical consultation on patient's decree
10:45 AM - 12:15 PM Hitlist of billing codes - Part 2
12:45 PM - 04:00 PM Frequent paediatric consultation cases

Research News

Task Force „Good Practice Antibiotics“

The rational use of antibiotics belongs to the most important measures to reduce the development of antibiotic resistances.

Rational use of antibiotics in ambulant care, especially for common infections like UTI and Pneumonia, but also avoiding unneeded antibiotic prescriptions when facing respiratory diseases, are topics to be covered and researched on by the task force founded in October 2019 in the Institute of General Practice and Family Medicine.

You can find more information here <https://www.uniklinikum-jena.de/allgemeinmedizin/Forschung/AG+Gute+Praxis+Antibiotika.html>. Contact: Inga.Petruschke@med.uni-jena.de

Practice Research Network in the Starting Blocks

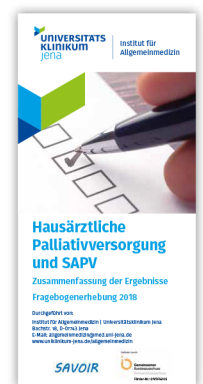
In February 2020 we will launch our Practice Research Network in cooperation with the Charité Berlin and funded by the Federal Ministry of Education and Research (BMBF). A written survey was conducted to investigate what barriers are to be overcome or incentives to be offered to GPs in order to acquire them as active network partners. A total of 98 GPs participated during advanced training courses. Preliminary results can soon be found on our website. The obtained results will help us in the concrete design of the Practice Research Network. We would like to thank all participants and are looking forward to future cooperation.

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Palliative Care in Primary Care and SAPV (SAVOIR) – Fact Sheet Results

Main results of our questionnaire study on „GPs palliative care and specialized palliative homecare“ were summarized in a factsheet and sent to 6,000 randomly selected GPs who, in 2018, had been invited to take part in the study. The survey was one of five subprojects of the joint project SAVOIR (Evaluation of the SAPV-Directive: Outcomes, Interactions, Regional Differences; Grant Number: 01VSF16005).

If you are also interested in the factsheet, you can download the german pdf file on https://www.uniklinikum-jena.de/allgemeinmedizin_media/Forschung/Factsheet+SAVOIR+TP4.pdf. Contact: Kathleen.Stichling@med.uni-jena.de and Antje.Freytag@med.uni-jena.de



The Institute's Current Publications

Brettschneider C, Gensichen J, Hiller TS, Breitbart J, Schumacher U, Lukaschek K, Teismann T, Margraf J, König HH. Cost-effectiveness of Practice Team-Supported Exposure Training for Panic Disorder and Agoraphobia in Primary Care: a Cluster-Randomized Trial. *J Gen Intern Med.* 2020.

Ditscheid B*, Storch J*, Krause M, Meyer I, Freytag A. Leistungs- und Abrechnungsdatum in GKV-Routinedaten: Umgang mit zeitlichen Abweichungen. *Gesundheitswesen.* 2019;online ahead of print, DOI 10.1055/a-1030-4223 (*contributed equally)

Petruschke I, Pletz MW, Bleidorn J. Infektionen der oberen Atemwege. *CME.* 2019;16(12):9-18.

Sauerbrey U, Schulz S. Vermittlungs- und Aneignungssituationen in der hausärztlichen Praxis. Zur Bedeutung pädagogischer Theorien für das Verständnis der Arzt-Patient-Kommunikation. *Der pädagogische Blick: Zeitschrift für Wissenschaft und Praxis in pädagogischen Berufen.* 2019;27(2).

Schilling I, Behrens H, Bleidorn J, Gägyor I, Hugenschmidt C, Jilani H, Schmiemann G, Gerhardus A. Patients' and researchers' experiences with a patient board for a clinical trial on urinary tract infections. *Res Involv Engagem.* 2019;5(38).